



HOLY LAND TRADITIONAL MEDICATIONS Inc.

PRODUCTS CATALOGUE
(2 0 1 8)



OUR VISION

To lead the Nutraceutical industry to help people to be healthy and believer in Alternative Medicines principles and products

OUR MISSION

Our obligation is to consider the balance between risks and benefits of all ingredients in Dr. J.'s Formulas. This is to ensure the products safety and efficacy as required by local and international regulatory bodies.

WHO WE ARE

DR. J.'S FORMULAS

"Dr. J.'S FORMULAS" include wide groups of natural and non-prescription health products. HLTM products are scientifically formulated. This is to say that; the products medical claims are scientifically supported. In other word, in our products, the daily dose of medicinal ingredients is adequate to justify the medical claims. In addition to our products efficacy, we ensure the product safety. This is because our daily dose of any medicinal (or non-medicinal) ingredients is within the recommended level. Furthermore, we, strictly comply with the current GMP requirements as stipulated in the Canadian, USFDA and European guidelines to ensure products quality.

Consequently, we claim that our bottles are full of pure science.

Dr. J.

The letter "J" stands for the first letter of the formulator's first name. In 1981, Dr. J. obtained his doctorate degree from University of London (UK). Since then, he worked for different sectors in various countries. He is well known for his well-received books and scientific publications.



HOLY LAND TRADITIONAL MEDICATIONS INC. (HLTM)

With the unique experience and education of Dr. J., the corporation "Holy Land Traditional Medications Inc." has been established. HLTM products are marketed under the name "Dr. J.'s Formulas". All HLTM formulas are licensed by Health Canada. At this stage, HC granted HLTM the marketing authorization for over 110 products.



Before you Start...



MEDICINAL INGREDIENTS
(QTY PER DOSE UNIT)



AGE GROUP & DOSE FORM



RECOMMENDED USE



NATURAL PRODUCT NUMBER
(Health Canada Registration Number)



ORAL DROPS



SYRUP



LIQUID



POWDER



CREAM



GEL



TOPICAL LIQUID



STICK, TOPICAL



CAPSULE



SOFT CAPSULE



TABLET



TABLET,
EFFERVESCENT

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CHILDREN



Dr. J. Kids-Bones



Vitamin D3
25 mcg (1000 IU)



Children: 0-13 years.



For the development and maintenance of bones and teeth.



8004 1894



Dr. J. Kids-Nemia



Iron (Ferrous sulphate)
(5 mg)



Children: 0-13 years.



Helps to prevent iron deficiency anemia.



8004 8561



Dr. J. Kids-Phedrine



D-psi-Ephedrine
(15 mg in each tsp)



Children: 6-12 years.



To relieve nasal congestion (due to common cold).



8004 8566



Dr. J. Upper-Respiratory



Echinacea dried root
(300 mg)



Children: 2 years and older.



To relieve the symptoms of upper respiratory tract infection.



8004 8566



Dr. J. Baby Vitamin E



Vitamin E
(d-alpha tocopherol)
(150 mg)



Children: 1-3 years.
Children: 3-6 years.



A factor in the maintenance of good health.

Helps to prevent vitamin E deficiency.



8004 1894



Dr. J. Kids Thyro



Iodine (Kelp)
(150 mcg)



Children: 4-13 years.



Helps in the function of the thyroid gland.



8004 3010



Dr. J. Kids Gripe water



Sweet fennel (1.7 g)
Sodium Bicarbonate & essential oils



Children: 4-12 years.



To help relieve digestive disturbances.



8006 7346

COSMETIC AND SKIN CARE



Dr. J. Acne Stick



2-Hydroxybenzoic Acid
(Salicylic Acid, 1.0 %)



12 years and older.



Helps treat acne pimples
and allow skin to heal.



8004 9229



Dr. J. Anti-Acne Gel



2-Hydroxybenzoic Acid
(Salicylic Acid, 2%)



12 years and older.



Reduces the number and
severity of acne pimples.

Prevent new acne pimples
from forming.



8004 8990



Dr. J. Hand Sanitizing



Ethyl alcohol
(70 %)



Topical (all ages)
Rub product onto hands.



Antiseptic cleanser (Kills
harmful bacteria or germs).



8004 9186



Dr. J. Skin Gel



Aloe Vera leaf gel
(10-70%)



Children: 2 years and older.



For healing of cuts, burns
and minor skin irritations.



8004 8559



COSMETIC AND SKIN CARE



Dr. J. Tea Tree Oil



Tea Tree Oil 100.0 %
(40.0 % Terpinen-4-ol)



13 years and older.



Helps to improve symptoms of fungal
nail bed infections.



8005 3311



Dr. J. Teenager Anti-Acne



Salicylic acid (2%)



14 years and older.



Helps treat acne pimples, allows skin
to heal and prevent new acne pimples
from forming.



8004 8954



Dr. J. Wart Removal



Salicylic acid 17%
Lactic acid 30%



14 years and older.



For the removal of plantar warts on the
bottom of the feet.

For removal of common warts.



8006 5531

DIABETES, HEART & CARDIOVASCULAR



Dr. J. Blood Vessels



Rutin
(300 mg)



Adults: 19 years and older.



Used in herbal medicine as a capillary/ blood vessel protectant.



NPN 8004 3018



Dr. J. Cardio-Health



Garlic (*Allium sativum*)
(200 mg, 5.0% Allicin)



Adults: 19 years and older.



Helps maintain cardiovascular health.



NPN 8004 3253



Dr. J. Fish Omega 3



Fish oil 1000 mg (180 mg EPA, 120 mg DHA)



Adults: 19 years and older.



Helps maintain and support cardiovascular health.

Source of omega-3 fatty acids.

Support cardiovascular health.

Support cognitive health and brain function.



NPN 8004 3728



Dr. J. Glucolipidemia



Fenugreek
(500 mg)



Adults: 19 years and older.



For the promotion of healthy glucose levels.

To help reduce elevated blood lipid levels.



NPN 8004 2682

DIABETES, HEART & CARDIOVASCULAR



Dr. J. Glucose Formula



Fenugreek, Banaba, Ginseng, DL-Alpha-Lipoic acid, Chromium, Biotin



Adults: 19 years and older.



To maintain healthy glucose levels.

To reduce high blood lipid levels(hyperlipidemia).



8005 8516



Dr. J. Heart



Coenzyme Q10 (50 mg)



Adults: 19 years and older.



Helps to support cardiovascular health.



8004 3017



Dr. J. Omega 3



Krill oil 500 mg (EPA 75.0 mg and DHA 45 mg)



Adults: 19 years and older.



Source of omega-3 fatty acids.

Source of Eicosapentaenoic acid and Docosahexaenoic acid.



8004 2670



Dr. J. Omega 3 plus



Fish oil (Eicosapentaenoic acid 180 mg, and 120 mg of Docosahexaenoic acid)



Adults: 19 years and older.



Helps support cardiovascular health.

Helps to reduce serum triglycerides.



8004 3726

DIABETES, HEART & CARDIOVASCULAR



Dr. J. Alicin 2%



Garlic
(500 mg, 2.0 % Alicin)



Adults: 19 years and older.



Helps maintain cardiovascular health in adults.



8005 8976



Dr. J. Alicin 1%



Garlic
(500 mg, 1.0 % Alicin)



Adults: 19 years and older.



Helps maintain cardiovascular health in adults.



8005 8975



Dr. J. Odorless Garlic



Garlic
(500 mg)



Adults: 19 years and older.



Helps maintain cardiovascular health in adults.

Helps reduce elevated blood lipids level (hyperlipidemia).



8005 8959



Dr. J. Cod Liver Cap



Cod Liver Oil
(800 mg)



Adults: 19 years and older.



Helps in the development of night vision and brain function.

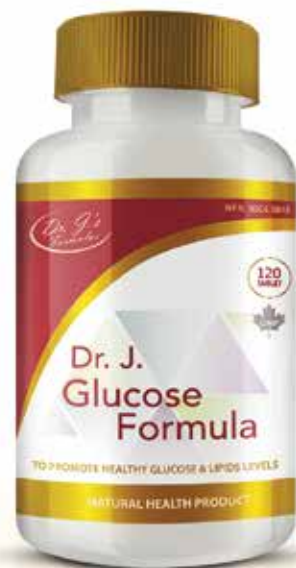
Source of omega-3 fatty acids (source of EPA and DHA).



8004 2682

DID YOU KNOW THAT DR. J. GLUCOSE FORMULA

CONTAINS SIX MEDICINAL
INGREDIENTS, WHICH ACT
DIFFERENTLY TO PRODUCE
THE HYPOGLYCEMIC AND
LIPID-LOWERING EFFECTS ?



FOLLOWING
INFO

GASTRO INTESTINAL, KIDNEY, LIVER AND BLADDER



Dr. J. BeCool



Chamomile
(800 mg)



15 years and older.



Helps relieve inflammatory conditions of the gastrointestinal tract and as a sleep aid.



8003 3424



Dr. J. Constipation



Aloe Vera
(100 mg)



12 years and older.



For the short-term relief of occasional constipation.



8004 3009



Dr. J. Diuretic



Tribulus (Tribulus terrestris)
(500 mg)



Adults: 19 years and older.



Traditionally used as diuretic and for relief of painful urination.



8004 2673



Dr. J. Dyspepsia



Rosemary Extract
(0.7 ml)



Adults: 19 years and older.



Helps ease (gastric) headaches.
Helps relieve flatulent dyspepsia.



8004 2996

GASTRO INTESTINAL, KIDNEY, LIVER AND BLADDER



Dr. J. Liver



Lecithin (Soya Oil)
(1200 mg)



Adults: 19 years and older.



Helps to support liver function.



8004 4672



Dr. J. Nausea & Vomiting



Ginger
(500 mg)



Children: 6 years and older.



Prevent nausea & vomiting, digestive upset & lack of appetite and flatulent colic.



8004 3256



Dr. J. Plums of Prune



Cichorium intybus L. root
(5 g)



Adults: 19 years and older.



Source of fiber to help support and maintain a healthy digestive system.

Helps provide gentle relief of constipation and/or irregularity.

Helps stimulate the growth of healthy bacteria.



8007 6709



Dr. J. Utract Infection



Cranberry extract (25:1)
(100 mg)



Adults: 19 years and older.



To prevent (recurrent) Urinary tract infections (Men & women)



8004 3726

JOINTS HEALTH



Dr. J. Cartilage



Dr. J. Easymove



Dr. J. Joints



Dr. J. Knees & Joints



Glucosamine sulfate (500 mg)



Adults: 19 years and older.



A factor in maintaining good cartilage and joint health.

Helps to relieve joint pain associated with osteoarthritis.



8004 2676



Glucosamine sulfate 500 mg, MSM 400 mg.



Adults: 19 years and older.



To relieve joint pain associated with osteoarthritis.

To protect against deterioration of cartilage and joint health.



8004 3257



MSM (700 mg)



Adults: 19 years and older.



To relieve pain associated with osteoarthritis of the knee.



8004 1673



Glucosamine sulfate 500 mg
MSM 400 mg
Chondroitin sulfate 50 mg



Adults: 19 years and older.



Helps to relieve joint pain (osteoarthritis of the knee).
Helps to protect against the deterioration of cartilage.



8004 4023

JOINTS HEALTH



Dr. J. Knees Pain



Glucosamine sulfate 500 mg,
Chondroitin sulfate 400 mg



Adults: 19 years and older.



Helps to relieve joint pain associated with osteoarthritis.
Helps to protect against the deterioration of cartilage.

NPN 8005 3261



Dr. J. Hydrolyzed Collagen



Hydrolyzed Collagen
(1000 mg)



Adults: 19 years and older.



To reduce joint pain associated with osteoarthritis.
Helps in collagen formation.

NPN 8006 5526



Dr. J. Hydrolyzed Collagen Powder



Hydrolyzed Collagen
(2.5 g)



Adults: 19 years and older.



Helps to reduce joint pain associated with osteoarthritis.
Involved in protein synthesis.

NPN 8006 5523



Dr. J. Strains & Sprains



Eucalyptol 0.5%
Camphor 1.0 %
Thymol 0.5 %



2 years and older



Temporarily relieves pains of muscles and joints associated with simple backache, lumbago, strains & sprains and arthritis.

NPN 8007 6713

FERTILITY AND SEXUAL HEALTH



Dr. J. Horny OX-XS



Maca, Tribulus, Horny Goat Weed, Royal Jelly.



Adult Men: 19 years and older.



Increases sperm count and motility
Stimulates/ intensify sexual desire for men. Increases level of Testosterone hormone (Enhance Erection).



8005 8191

This product carries many brand names such as "Vitality" and "Golden Ox"



Dr. J. Men-C-Men



Maca, L-Arginine, L-Carnitine, Panax ginseng, Royal jelly, Ginkgo biloba, Zinc, Coenzyme Q10, Vitamin E, Lycopene, Copper, Chromium, Selenium, Folate.



Adults: 19 years and older.



Supports emotional aspects of sexual health and enhance sperms quality. Supports peripheral circulation. Source of antioxidant to enhance men vitality. Maintain normal DNA synthesis and support biological functions.



8008 2058



Dr. J. Mens Cells



L-Carnitine, Maca, Ginseng, Zinc, Royal Jelly, L-Arginine, Vitamin E (AT), Selenium, Folic acid



Adults: 19 years and older.



L-Carnitine improve sperms development and maturation

Royal Jelly is a source of antioxidant to protect sperms from damage (due to oxidative stress)



8008 2084

FERTILITY AND SEXUAL HEALTH



Dr. J. Horny OX

- _____
- Maca, Tribulus, Horny Goat Weed, Ginseng, Rutin, Arginine, Ginkgo
- _____
- Adult Men: 19 years and older.
- _____
- To stimulate and intensify sexual desire for men.
- To support peripheral circulation.
- 8004 8378** _____



Dr. J. EJA

- _____
- Benzocaine (7.0%)
- _____
- Adults: 19 years and older.
- _____
- Helps in the prevention of premature ejaculation.
- 8006 5349** _____



Dr. J. Tongkat

- _____
- Cordyceps sinensis 300 mg
Tongkat Ali 200 mg
- _____
- Adults: 19 years and older.
- _____
- To enhance testosterone levels, and improve the sexual health of men.
- 8007 9435** _____



Dr. J. 4-men-6

- _____
- Tribulus (Tribulus terrestris) (500 mg)
- _____
- Adult Men: 19 years and older.
- _____
- Traditionally used to stimulate and intensify sexual desire.
- 8004 2675** _____

FERTILITY AND SEXUAL HEALTH



Dr. J. Hyperprosta



Saw palmetto
(500 mg)



Adult Men: 19 years and older.



Helps relieve the urologic symptoms (Such as weak urine flow and frequent urination).



8004 3403



Dr. J. Menopause



Maca (*Lepidium meyenii*)
(500 mg)



Adults: 19 years and older.



Support emotional aspects of sexual health and to maintain healthy mood balance during menopause.



8004 2679



Dr. J. Prostate



Lycopene (Tomato extract;
220 mg) (12 mg Lycopene)



Adults: 19 years and older.



Helps to support prostate health.



8006 5582



Dr. J. Estrogen



3,3'-Diindolylmethane (DIM)
(100 mg)



Adults: 19 years and older.



To support healthy Estrogen metabolism and to reduce the severity /duration of symptoms associated with breast pain.



8006 5527

POINTS TO REMEMBER

1

Increased oxidative stress and DNA damage may be responsible for the poor fertility in a significant percentage of couples.

3

When ROS production exceeds the scavenging capacity of the antioxidants a state, referred to as oxidative stress is generated that becomes toxic to sperm.

5

Determining the levels and sources of excessive ROS generation in semen may be useful in developing future therapeutic strategies for male infertility.

2

Reactive Oxygen Species (ROS) are being constantly produced in small controlled amounts in the reproductive tract and by a variety of semen components.

4

Many searching enzymes and molecules (antioxidants) control the damaging effects of ROS.



SLIMMING



Dr. J. BMI



5-Hydroxy-L-tryptophan (L-5-HTP) (300 mg)



Adults: 19 years and older.



To reduce carbohydrate cravings.



NPN 8005 3075



Dr. J. Carbo



Chromium (Chromium (III) picolinate) (150 mcg)



Adults: 19 years and older.



Helps the body to metabolize carbohydrates, fats and proteins.



NPN 8004 3418



Dr. J. Fat Burn



L-Carnitine (1000 mg)



Adults: 19 years and older.



Helps support fat metabolism and oxidation.



NPN 8005 2123



Dr. J. Fat Mass



Conjugated linoleic acid (1000 mg)



Adults: 19 years and older.



To support reduction in fat mass.



NPN 8004 3254

SLIMMING



Dr. J. B- Lean



Calcium-Potassium Salt of Hydroxycitric Acid (800 mg)



Adults: 19 years and older.



Temporarily increase satiety (feeling of fullness).



NPN 8006 5529



Dr. J. Green Tea Extract



Green Tea Extract (140 mg EGCG and 60 mg caffeine) (200 mg)



Adults: 19 years and older.



Helps in weight management.



NPN 8006 5530



Dr. J. Green Tea Extract (Powder)



Green Tea Extract (75 mg EGCG and 25 mg caffeine) (100 mg)



Adults: 19 years and older.



Helps in weight management.



NPN 8006 5533



Dr. J. Golden Figure



(L-5-HTP), Zinc, Green tea, Green Coffee bean, Biotin, Chromium, Cinnamomum, Alpha Lipoic acid, Conjugated linoleic acid.



Adults: 19 years and older.



Helps in weight management by reducing CHO cravings. Helps the body to metabolize CHO, proteins and fat. Helps to maintain immune function.



NPN 8007 1435

SPORT NUTRITION AND AMINO ACIDS SUPPLEMENTS



Dr. J. B-Alert



Caffeine (Synthetic)
(200 mg)



Adults: 19 years and older.



To promote alertness and wakefulness.

To relieve fatigue and promote endurance.



8004 1921



Dr. J. Carnitine Cap



L-Carnitine
(800 mg)



Adults: 19 years and older.



Workout supplement.



8005 2125



Dr. J. Carnitine
1000 Tab



L-Carnitine
(1000 mg)



Adults: 19 years and older.



Workout supplement.



8005 2126



Dr. J. Exercise



L-Arginine
(500 mg)



Adults: 19 years and older.



Involved in protein synthesis.



8004 3016

SPORT NUTRITION AND AMINO ACIDS SUPPLEMENTS



Dr. J. Glutamine Powder



L-Glutamine
(6 g or one tsp)



Adult Men: 19 years and older.



Assist in muscle cell repair.
Helps support immune
system.



8005 2127



Dr. J. Workout with Caffeine



Whey protein isolate, Isoleucine, Glutamine,
Valine, Leucine, CaHMB, Tyrosine, Ginseng,
Creatine, Carnitine, Caffeine, Citrulline,
Taurine, Acerola, Vitamins & Minerals.



Adult Men: 19 years and older.



For the building of lean muscle & enhance
muscle strength. Source of branched chain
amino acids. Helps restore plasma glutamine
levels. Helps in muscle cell repair after exercise.
Helps to promote endurance in high intensity
exercise.



8004 9182



Dr. J. Workout Supplement



Whey protein isolate, Leucine, Vitamins & Minerals
Isoleucine, Valine, Creatine Glutamine, Tyrosine,
CaHMB, Taurine Carnitine, Citrulline, Ginseng.



Adult Men: 19 years and older.



Helps in muscle building and in muscle cell repair
after exercise. Source of branched chain amino
acids (BCAAs). Helps to promote endurance
in high intensity exercise. Enhances muscle
strength in previously untrained individuals.



8004 9196

SPORT NUTRITION AND AMINO ACIDS SUPPLEMENTS



Dr. J. Whey Protein Isolate



Whey protein. Each scoop (35 g) contains 27 g of whey.



Adults: 19 years and older.



Source of essential amino acids for muscle protein synthesis and source of branched chain amino acids.



8004 2679



Dr. J. Whey (Reduced Lactose)



Whey protein.
(Each scoop contains 7.2 g of whey)



Adults: 19 years and older.



Source of essential amino acids and branched chain amino acids.



8004 9190



Dr. J. Insure



Whey protein, CHO, and all essential Vitamins & Minerals



Adults: 19 years and older.



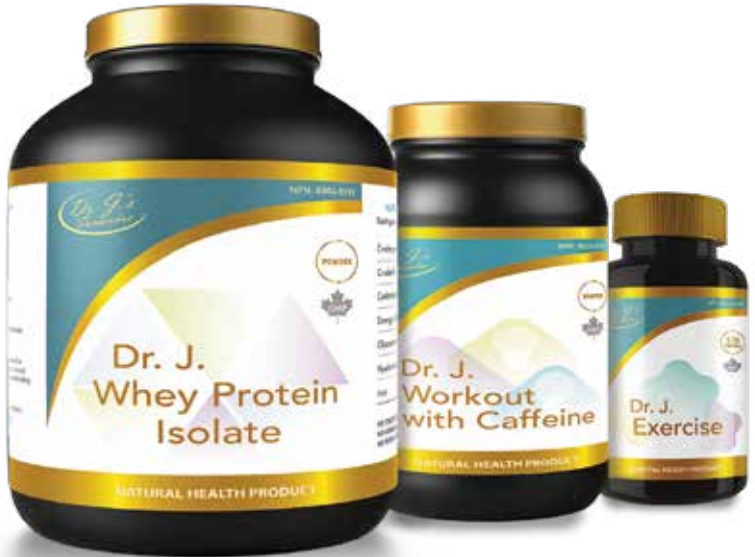
Complete balance formula as a meal replacement and tube feeding.



8006 8737



*Dr. J.'s
Formulas*



VITAMINS & MINERALS



Dr. J. Blood cells



Folic acid
(199 mcg)



14 years and older



Helps to form red
blood cells.



8004 2970



Dr. J. Vitamin B6



Vitamin B6
(100 mg)



Adults:19 years
and older.



Helps in tissue
formation.
To prevent vitamin
B6 deficiency.



8004 3743



Dr. J. Vitamin B12



Vitamin B12
(500 mcg)



14 years and older



Helps to form red
blood cells.



8004 3406



Dr. J. Vitamin D3



Vitamin (D3)
25 mcg (1000 IU)



14 years and older



Helps in the
development and
maintenance of bones.



8004 3405



Dr. J. D3 Tabs



Vitamin (D3)
25 mcg (1000 IU)



14 years and older



Helps in the
development and
maintenance of bones.



8005 2648

VITAMINS & MINERALS



Dr. J. B Complex



Vitamins B1, B2, B3, B6, B12
Pantothenic acid and Folate



Adults: 19 years and older.



Helps to form red blood
cells and in tissue formation.



NPN 8004 4027



Dr. J. Cal & D3



Calcium 500 mg (carbonate),
Vitamin D (25 mcg).



15 years and older



Helps in the development
and maintenance of bones.



NPN 8006 5526



Dr. J. Vitamin E



Vitamin E (Alpha-Tocopherol).
From RRR-alpha-tocopherol
& esters (750 mg)



14 years and older



An antioxidant.



NPN 8004 3651



Dr. J. Vitamin E 180
(RAC Alpha)



180 mg AT (Vitamin E
400 IU)



Adults: 19 years and older.



An antioxidant.
Helps to prevent Vitamin E
deficiency.



NPN 8006 7356

VITAMINS & MINERALS



Dr. J. Fe-Nemia



Iron (Ferrous sulfate) 45 mg,
Vitamin C (500 mg).



15 years and older



Prevent iron deficiency anemia.

Helps in connective tissue formation and in wound healing.



8004 4025



Dr. J. Magnesium



Magnesium (Sulfate)
(150 mg)



Adults: 19 years and older.



Helps in tissue formation and to maintain proper muscle function.



8004 3718



Dr. J. Night Vision



Vitamin A
(3000 mcg RAE)



Adults: 19 years and older.



For maintenance of night vision.
To enhance immunity.



8004 3065



Dr. J. Osteoporosis



Calcium (Calcium carbonate)
(600 mg)



Adults: 19 years and older.



Reduce the risk of developing osteoporosis in peri- & postmenopausal women.



8004 3066

VITAMINS & MINERALS



Dr. J. Zinc



Zinc (Zinc picolinate)
(10 mg)



Adult: 19 years and older.



To maintain healthy skin.
To enhance immune
function.



8005 8191



Dr. J. Zinc & Copper



Zinc 50 mg
Copper 2000 mcg



Adults and adolescents:
15 years and older.



Helps in connective tissue
formation & repair and to
maintain healthy skin.
Helps to maintain immune
function.



8004 2679



Dr. J. Wound Healing



Ascorbic acid
(500 mg)



Adults: 19 years and older.



Antioxidant and for wound
healing.



8004 2975



Dr. J. Pre-Natal



Multi Vitamins and Minerals
for pregnant women



Adults: 19 years and older.



To maintain good health
(Bone development, forming
blood cells, proper muscle
function and to maintain
immune function).



8006 5459

VITAMINS & MINERALS



Dr. J. Vit-n-Min



Multi Vitamins & Minerals and Lycopene



Adults: 19 years and older.



Helps to prevent vitamins and minerals deficiency.



8004 3537



Dr. J. Vitamin E 1000



Vitamin E (Alpha-tocopherol) (1000 mg)



Adults: 19 years and older.



An antioxidant for the maintenance of good health.



8006 7365



Dr. J. Fizzy Calcium & D3



Calcium 500 mg. Vitamin D (10 mcg).



Children: 6 - 12 years. Adults and adolescents.



Helps in the development and maintenance of bones and teeth especially in childhood, adolescence and young adulthood.



8006 9226



Dr. J. Fizzy Calcium 500



Calcium (500 mg)



Children: 6-12 years. Adults and adolescents.



Helps in the development and maintenance of bones and teeth. May reduce the risk of developing osteoporosis (in peri- and postmenopausal women) in later life.



8006 5582

VITAMINS & MINERALS



Dr. J. Fizzy Pre-Natal



Copper, Folate, Iron, L-Ascorbic acid, Riboflavin, Thiamine, Vitamin B12, Vitamin B6, Zinc



Adults and adolescents:
14 years and older.



Helps in the development and maintenance of bones, cartilage and gums.
Helps to form red blood cells.
Helps to support development of the fetal brain and spinal cord.

NPN 8006 9238



Dr. J. Fizzy Vitamin C & Zinc



Vitamin C 500 mg
Zinc 10 mg
Copper 1500 mcg



Adults and adolescents:
14 years and older.



Helps to maintain immune function and in the development and maintenance of bones, cartilage and gum.
Helps to maintain healthy hair, nail and skin.

NPN 8006 9240



Dr. J. Fizzy Vitamin C



Vitamin C
(500 mg)



Adults and adolescents:
14 years and older.



Helps in connective tissue formation.
Source of antioxidant for the maintenance of good health.
Helps to maintain immune function.

NPN 8006 9241



Dr. J. Thyro



Iodine
(300 mcg)



14 years and older



Helps in the function of the thyroid gland.

NPN 8004 3014

WELL-BEING



Dr. J. Honey Syrup



Bee Propolis
(100 mg)



Adults: 19 years
and older.



Helps relieve sore
throat and other mouth
and throat infection.



8004 8570



Dr. J. Migraine



5-Hydroxy-L-tryptophan
(L-5-HTP)
(100 mg)



Adults: 19 years
and older.



Helps to reduce the
severity and duration
of migraine headaches.



8005 2643



Dr. J. Nasal
Congestion



d-psi-Ephedrine
(60 mg)



13 years and older



For hay fever, allergies,
common cold and
sinusitis.



8004 3955



Dr. J. Sleep Aid



Melatonin
(10 mg)



Adults: 19 years
and older.



Increase total sleep
time in people
suffering from sleep
disturbance or jet lag.



8004 3741



Dr. J. Throat
Infections



Bee propolis
(200 mg)



Adults: 19 years
and older.



To relieve mouth &
throat infections.
Provides antioxidants.



8004 3013



Dr. J. Ginseng



Panax (Chinese) ginseng
(500 mg)



Adults: 19 years and older.



Used for the promotion of
healthy glucose levels.
To reduce mental and
physical fatigue.



8004 3729



Dr. J. Immune System



Lingzhi (*Ganoderma lucidum*)
(500 mg)



Adults: 19 years and older.



To support the immune
system and provides
antioxidants



8004 3064



Dr. J. Lysine



Lysine (L-Lysine acetate)
(1000 mg)



Adults: 19 years and older.



Helps to reduce the
recurrence of herpes
simplex virus (HSV)
infection (e.g. cold sores).



8005 3095



Dr. J. Memory



Ginkgo biloba Extract
(24.0 % Flavonoid glycosides)
(80 mg)



Adults: 19 years and older.



Helps to enhance memory
in adults.



8004 2680

WELL-BEING



Dr. J. Mood Balance



5-Hydroxy-L-tryptophan (L-5-HTP) (50 mg)



Adults: 19 years and older.



Helps to promote healthy mood balance.

Used as a sleep aid.



NPN 8005 2630



Dr. J. Multi Antioxidants



Zinc, Selenium, Copper, Manganese, All trans -retinol, Vitamins C and E



Adults: 19 years and older.



An antioxidant and to maintain immune function.



NPN 8004 3653



Dr. J. Nervousness



St. John's Wort Extract (100 mg)



Adults: 19 years and older.



To help relieve restlessness and nervousness.



NPN 8004 3012



Dr. J. Weakness & Sleep



Ashwagandha (700 mg)



Adults: 19 years and older.



As a sleep aid and as sedative.

For memory enhancement, and to relieve general debility.



NPN 8004 3015

*Dr. J.'s Formulas
are made of pure science*

CONTACT US

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- 🌐 www.holymedications.com
- 🌐 www.men-fertility.com

DR. J.'s FORMULAS BRAND NAMES, GROUPED ALPHABETICALLY

4 > 4-men-6

A > Anti-Acne Gel
> Acne Stick
> Allicin 1%
> Allicin 2%

B > Baby Vitamin E
> B-Alert
> B Complex
> BeCool
> B- Lean
> Blood cells
> Blood Vessels
> BMI

C > Cal & D3
> Carbo
> Cardio-Health
> Carnitine Cap
> Carnitine 1000 Tab
> Cartilage
> Cod Liver Cap
> Constipation

D > D3 Tabs
> Diuretic
> Dyspepsia

E > EasyMove
> Eja Control
> Estrogen
> Exercise

F > Fat Burn
> Fat Mass
> Fe-Nemia
> Fish Omega 3
> Fizzy Calcium & D3
> Fizzy Calcium 500
> Fizzy Pre-Natal
> Fizzy Vitamin C & Zinc
> Fizzy Vitamin C

G > Ginseng
> GlucoLipidemia
> Glucose Formula
> Glutamine Powder
> Green Tea extract (Powder)
> Green Tea Extract

H > Hand Sanitizing Gel
> Heart
> Honey Syrup
> Horny Ox
> Horny Ox-Xs
> Hydrolyzed Collagen
> Hydrolyzed Collagen (Powder)
> Hyperprosta

I > Immune System
> Insure

J > Joints

K > Kids Bones
> Kids Gripe Water
> Kids-Nemia
> Kids-Phedrine
> Kids Thyro
> Knees & Joints
> Knees Pain

L > Liver
> Lysine

M > Magnesium
> Memory
> Menopause
> Men-C-Men
> Mens Cells
> Migraine
> Mood Balance
> Multi Antioxidants

N > Nasal Congestion
> Nausea & Vomiting
> Nervousness
> Night Vision

O > Odorless Garlic
> Omega 3
> Omega 3 plus
> Osteoporosis

P > Plums of Prune
> Pre-Natal
> Prostate

S > Secsy (Golden Figure)
> Skin Gel
> Sleep Aid
> Strains & Sprains

T > Tea Tree Oil
> Teenager Anti-Acne
> Throat Infections
> Tongkat (Testosterone Booster)
> Thyro

U > Upper-Respiratory
> U-tract Infection

V > Vitamin B6
> Vitamin B12
> Vitamin D3
> Vitamin E
> Vitamin E 180 (RAC Alpha)
> Vitamin E 1000 AT (1490 IU)
> Vit- N-Min

W > Wart Removal
> Weakness & Sleep
> Whey protein isolate
> Whey (Reduced Lactose)
> Workout supplement
> Workout with Caffeine
> Wound Healing

Z > Zinc
> Zinc & Copper



WELL-BEING VITAMINS SPORT SLIMMING FERTILITY JOINTS GASTRO DIABETES COSMETIC CHILDREN.



Made in Canada